



Kitten Class Prevention Topics & Exercises Checklist

This is a suggested guide for prevention topics & training exercises to be included in a kitten class.

Prevention Topics	
	Developmental periods and life stages
	Socialization and positive exposure
	Body language
	Nutrition
	Preventing fear, anxiety, and stress at the veterinary hospital
	Litter box management
	Routine
	Environmental enrichment
	Sterilization- spay or neuter
	Appropriate play with people
	Positive-reinforcement training and behavior solutions
	Play biting and scratching
	Destructive scratching on objects or surfaces
	Climbing

Training Exercises	
	Carrier and confinement training
	Gentle control and handling and veterinary equipment
	Harness and leash training
	Go to place or stationing
	Targeting and follow a target
	Sit
	Come when called