

## FEAR FREE LEVEL 3 CERTIFICATION COURSE

## Puppy Class Prevention Topics & Exercises Checklist

This is a suggested guide for prevention topics & training exercises to be included in a puppy class.

Prevention Topics and Exercises
Developmental periods and life stages
Socialization and positive exposure
Body language
Preventing fear, anxiety, and stress at the veterinary hospital
Housetraining or elimination training
Routine
Environmental enrichment
Sterilization- spay or neuter
Appropriate play with people
Positive reinforcement training and behavior solutions
Play biting
Chewing
Digging
Jumping
Counter surfing and taking items

Training Exercises
Crate and confinement training
Attention
Targeting
Sit
Loose leash walking
Leave it/drop it
Recall
Gentle control and handling and veterinary equipment
Food bowl fun
Collar game
Basket muzzle training

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